Year 6-7 Transition Night
On Wednesday night, we welcomed Year 6 students into our school to partake in a guided tour of our classrooms and resources. Students heard from various Head Teachers about particular faculty areas and their subject requirements. This has always been a successful component of our transition program as it allows prospective students the opportunity to view our facilities and become acquainted with the school prior to the commencement of their study here. Students were involved in a range of different activities and could also ask any questions they may have had. It was positive to see such a great response from both students and their parents/carers.

RSL ANZAC Ceremony
We were privileged to have the honourable Dr Brendan Nelson visit Deniliquin and address our students on the significance of the ANZAC centenary. Dr Nelson talked about the courage of the diggers and how it ensured the free country in which we live today. He spoke about the War Memorial in Canberra and students were given the opportunity to ask questions. The students were also addressed by a war veteran whose first-hand experience of war captivated them.

PBL
Staff are recognising students for demonstrating our PBL values of Respect, Responsibility and Co-operation, in the classroom and in the playground. These students’ names are put into a draw that occurs every second week at our school assembly. Winners are given a $20 canteen voucher. This week’s winners are Brylie Salan and Glen Waldron.

Year 10 Work Experience
Last week, Year 10 students were out of the school on their work experience. This has always been an invaluable taste of life after school for our students and provides them with an insight into particular vocations. We have received excellent feedback from the different business houses and employers who generously accepted our students into their workplace. It was wonderful to hear of the many interesting things that students had the opportunity to be involved in and I am sure that they got a lot out of their experience. On behalf of the school, I would like to thank all those who contributed to the success of this program; the employers, our students and the Careers staff who spent hours ensuring organising the placements.

School Photos
School photos will be next Monday, the 15th June. Students are reminded to return their envelope and money to the photographer on the day. They are to wear full school winter uniform, including a jumper.

Michelle Hindriks
Relieving Deputy Principal

Calendar

**Week 9 Term 2**

<table>
<thead>
<tr>
<th>Monday, 15th June</th>
<th>School Photos - bring payment on the day</th>
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<tbody>
<tr>
<td>Friday, 19th June</td>
<td>School Photos catch-up - morning only</td>
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**Week 10 Term 2**

<table>
<thead>
<tr>
<th>Tuesday, 23rd June</th>
<th>P&amp;C Meeting - 6pm Admin Building - all welcome</th>
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<tbody>
<tr>
<td>Wednesday, 24th June</td>
<td>Year 11 Mock Interviews</td>
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<tr>
<td>Thursday, 25th June</td>
<td>Year 11 Mock Interviews</td>
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<tr>
<td>Friday, 26th June</td>
<td>Formal Assembly - MPC - all welcome</td>
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**Week 1 Term 3**

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<tr>
<th>Monday, 13th July</th>
<th>Staff Development Day</th>
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<tr>
<td>Tuesday, 14th July</td>
<td>Students return for Term 3</td>
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English

It’s getting to the most hectic time of year again for staff and students in English! Senior students are nearing the end of their Preliminary and HSC courses. With their Trial HSC Exams approaching, it is imperative that HSC students institute a revision regime which includes completing practice exam tasks.

Students from Years 8-12 are also taking part in a workshop by the renowned Bell Shakespeare Theatre Company on the 19th of June. The company are coming to Deniliquin High School to conduct workshops around the play of ‘Hamlet’. This is just one of the extension opportunities provided for gifted and interested students of English.

Students wishing to participate in the Australasian English Competition need to return their notes and money to the Front Office as soon as possible. These competitions are a great way for students to practise for examinations and also give parents and carers an idea about their child’s performance in relation to others around Australia and its surrounds.

Students in the junior debating teams have also enjoyed success recently, with all three teams being victorious over Barham in recent weeks. The next debate for Year 9/10 students will be held in Week 9 against Finley and the Year 7/8 teams will battle it out next term; we wish the girls all the best with their final debates in this round of the competition.

Reconciliation Week

Students acknowledged Reconciliation Week in Week 6 by welcoming local Elder, ‘Uncle Freddy’ Egan to speak at the school assembly about his experience as one of the Stolen Generation. His emotional story had a prolific effect, on students and teachers alike. A progressive artwork titled, ‘Steps Toward Reconciliation’ was also commenced during the week. Students and teachers were invited to place their painted ‘footprint’ on primed plywood, which will be hung in the school and added to each year during Reconciliation Week. Other students wrote poems about what reconciliation means to them, some of which were read at assembly.

Junior Girls’ Basketball

The Deni High Junior Girls’ Basketball team played in the Riverina competition last Thursday at Deniliquin Stadium. The team won both games convincingly and now progresses to the next round to be played at Albury, next term. Congratulations to all the girls, in particular, Kalya Smith (Year 7) and Kayla Elphick (Year 7), both being new to the team, yet playing with great confidence and skill. The team’s other players, Mackenzie Cheeseman, Leah Blake, Pippa Metcalfe and Kate McCalman also performed exceptionally well.

School Photos

These are being held on Monday, June 15 in the MPC. Every student should have received a photo form. If your child did not, please get them to see Mr Ferguson in the HSIE staffroom. If your child is absent on the Monday, a catch-up day is scheduled for Friday, June 19. Please ensure that you have the right money included in the envelope, as change may not be available on the day. If your child forgets their envelope, they can still get their photo taken and hand the envelope in on the following day.

Next P&C Meeting

23 June 2015
6pm, Meeting Room
Administration Building
All welcome to attend
Reducing mathematics anxiety

As a mathematics educator, I have worked with many students suffering from mathematics anxiety. I have taught six-year-olds in a Year 1 Mathematics Intervention program, senior secondary students studying Year 12 mathematics subjects and adults studying to be early childhood, primary and secondary teachers. The symptoms of mathematics anxiety varied from expressing a dislike of mathematics to an adult who had to exit a lecture theatre in a hurry when numbers were displayed on a screen.

Researchers have found that the way mathematics is taught contributes to mathematics anxiety, particularly when there is an emphasis on rote learning of rules and procedures. Timed tests and ‘drill type’ games cause stress for many students in mathematics classrooms. When working with tertiary students training to be primary teachers the level of anxiety was increased when they had to complete timed tests as a hurdle requirement in their first year mathematics subject.

‘Maths anxiety is a problem for educators because it can prevent students from demonstrating their maths capabilities. In the long term, it can lead to students avoiding situations that involve maths, which means they may shut the door on some important opportunities,’ Dr Sarah Buckley, Research Fellow at the Australian Council for Educational Research says. Whether working with children or adults I have found that one of the most important things that I can do as a parent, teacher, tutor, or lecturer is to develop a good relationship with the student experiencing mathematics anxiety. I needed to provide support and encouragement by demonstrating what these students could already do and what they needed to do next. The onus on me as the mathematics teacher is to demonstrate that I have confidence in their ability to eventually succeed with mathematical tasks at their level.

As a parent, teacher, and lecturer I always try to demonstrate my passion for mathematical activities, that I do not know all the answers, that I sometimes make mistakes and have to try different solution methods, that I value alternative ways of solving problems and that I can always learn something new. I still get excited when a student can show me an alternative way of solving a mathematical task that I had not tried previously.

One of the aims stated in The Australian Curriculum: Mathematics is for students to: ‘recognise connections between the areas of mathematics and other disciplines and appreciate mathematics as an accessible and enjoyable discipline to study’ (ACARA, 2014). We need to ensure students can recognise the mathematics in their everyday lives and in the other subjects they are studying.

Swan (2004) lists six ways that teachers can engage their students’ interest in mathematics. These include:

1. Using literature that focuses on mathematical content to engage students
2. Using mathemagic that links to the development of meaningful mathematics
3. Games that have a clear purpose and specific mathematical content
4. Investigations that focus on interesting problems
5. Using mathematical trivia
6. Making links between the mathematics students complete in the classroom and their everyday life. However, a context that is real life or everyday for a teacher may not be relevant to the students they are teaching.

A paper entitled Strategies for reducing math anxiety (2011) lists several techniques for teachers to use to lessen their students’ mathematical anxiety. Techniques include strategies such as:

- developing strong mathematical content knowledge and positive attitudes towards mathematics;
- encouraging their students to use critical thinking and active learning;
- placing more emphasis on understanding rather than rules and procedures;
- using concrete materials and technology;
- and providing support and encouragement for all students.

Parents should have realistic expectations of their children and providing ongoing support and encouragement, while students should incorporate practice into their daily routine, and focus on their earlier mathematical successes rather than failures.

Buckley says: ‘It is vital that students understand that ‘being good at maths’ is not simply something that people are born with – practice will lead to improvement,’ so both parents and teachers should provide ongoing encouragement for them to study according to the way they learn best.

Cath Pearn is a Teaching Fellow with the ACER Institute. She is also a lecturer in Mathematics Education at the University of Melbourne teaching in the early childhood, primary and special education programs. Cath has been involved in research projects investigating how students learn mathematics and is particularly interested in supporting students who are deemed to be mathematically ‘at risk’.

Notice of AECG Meetings

Mondays Week 5
Each Term at 4.30pm

Next Meeting: Term 3; 10 August 2015
Contact: Mathew Daniels, Deniliquin Office
All welcome to attend
The PDHPE Faculty welcome

Motivational Media – JIGSAW

Each year, the PDHPE Faculty seek funding to ensure that all students at Deniliquin High School can access the inspiring stories of Australian people who are making the most of every opportunity. This year’s presentation of Motivational is called “Jigsaw” and is certain to give us all that inspirational lift that we may need at this time of the year!

By having a vision, knowing ourselves, being part of a community, making good decisions and overcoming difficulties, we can ensure that we understand our goals, make plans to achieve them and surround ourselves with supportive people who can help us to make sense of the jigsaw of life.

It features the stories of five everyday Australians who have solved the “jigsaw” and are now doing their utmost to help others do the same.

**Luke Watt** is a young speed car driver who has not let his disability stop him from enjoying life and pushing himself to achieve his dreams.

**Jacqueline Freney (2014 Young Australian of the Year)** is a Paralympic swimming gold medalist who has become a role model for young people as she concentrates on what she can do rather than the limitations of her cerebral palsy.

**Nicole Gibson** overcame her own negative self-image and anorexia nervosa and set up The Rogue and Rouge Foundation to counter the stigma associated with mental health, and to assist young people access mental health services.

**Akram Azimi (2013 Young Australian of the Year)** was a young Afghan refugee whose ethnic background and lack of English saw him subjected to bullying which led to self-doubt. The belief that one school teacher had in him allowed him to overcome negative thoughts and reach out and help other people.

**Sam Howe** suffered terrible brain injuries whilst being a passenger in a car which rolled 3 times after a long night celebrating St Patrick’s Day. Join him in his journey from the initial accident, on the road to recovery and to his life today.

Motivational Media supports the curriculum based learning occurring in PDHPE lessons and will also serve as an introductory activity to the Year 10 Driver Education program. All students will see JIGSAW on Wednesday 17th June. Parents are most welcome to attend and can call Mr Michael to register their interest. Session times are 9.00, 9.53, and 11.23 in the MPC. Students will be notified which session each year level will be attending closer to date.

Mr. A. Michael
Head Teacher
PDHPE

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**WANTED – GYM EQUIPMENT**

Do you have gym equipment at home that is not being used and just gathering dust? The PDHPE Faculty is in the process of updating and improving the school gym and would welcome donations of unwanted equipment.

The equipment (preferably such things as treadmills, steppers, exercise bikes, or rowers) needs to be in good working condition and will be used for elective classes in our school gym.

Please contact Mr Michael at the High School on 5881 1211 if you can have something that might be suitable.

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**Wanted Lemons**

Home Economics would love lemons donated.

Please drop off at the Front Office.
**SCHOOL UNIFORM**

**SUMMER SCHOOL UNIFORM**

**Junior Girls**
- Blue check uniform (dress)
- OR
- Dark Navy or Black shorts (above the knee)
- Light blue polo top
- White socks
- Black or brown leather shoes (not runners)
- Red windcheater or jumper (V-neck)

**Junior Boys**
- Mid-grey shorts (above the knee)
- Light blue shirt with collar or polo shirt
- Grey or white socks
- Black or brown leather shoes (not runners)
- Red windcheater or jumper (V-neck)

**Senior Girls**
- Mid-grey skirt
- OR
- Dark Navy or Black shorts (above the knee)
- White polo top or white shirt with collar
- White socks
- Black or brown leather shoes (not runners)
- Navy blue windcheater or jumper (V-neck)

**Senior Boys**
- Mid-grey trousers
- OR
- Navy shorts (above the knee)
- White shirt with collar or white polo shirt
- Grey or white socks
- Black or brown leather shoes (not runners)
- Navy blue windcheater or jumper (V-neck)

**WINTER SCHOOL UNIFORM**

**Junior Girls**
- Red Tartan wrap around skirt
- OR
- Dark Navy or Black Pants (not jeans)
- White school shirt with collar
- Black tights / white socks
- Black or brown leather shoes (not runners)
- Red windcheater or jumper (V-neck)
- Red polar fleece top (optional)

**Junior Boys**
- Grey trousers
- Light blue school shirt with collar
- Grey socks
- Black or brown leather shoes (not runners)
- Red windcheater or jumper (V-neck)
- Red polar fleece top (optional)

**Senior Girls**
- Blue Tartan Kilt
- OR
- Dark Navy or Black pants (not jeans)
- White school shirt with collar
- Blue/black tights
- Black or brown leather shoes (not runners)
- Navy jumper (V-neck)

**Senior Boys**
- Grey trousers
- White school shirt with collar
- Grey or blue socks
- Black or brown leather shoes (not runners)
- Navy jumper (V-neck)

**Additional notes**
- **Shoes** - It is compulsory for all students from Year 7-12 to wear full leather shoes – runners of any description, shoes with ‘holes in the top of them’ or shoes that essentially only cover the toes are not acceptable. Shoes must have leather covered uppers as required by the Education Department for safety in all subjects.
- **Hats** - It is compulsory for all students from Year 7-12 to wear a hat when involved in outside activities such as PE, Sport, at the farm or on any excursion or activity where there is a lot of outside activity.
- **Winter tops** - In addition, during the winter months, students may wear a plain red polar fleece (sporting club tops are not acceptable).

**SPORTS UNIFORM FOR PD/H/PE AND SPORT SESSIONS**

**Years 7 to 12 and representative teams**

DHS Polo shirt  
Jumper - regular red school jumper  
Black shorts  
Tracksuit pants (Black - with or without red trim)  
White socks (with black or red trim acceptable)  
Cap or hat

**NB:** Students are to carry their sports uniform to school and change before and after PE.
Intereach Links

Do you have a barrier or disability? Do you care for someone with a disability?

Ability Links is a new approach to supporting people with a barrier or disability aged 3 to 64 years, and also provides support for families and carers.

Ability Links helps people to understand how every person has a valued role in their community and has the capacity to enjoy a connected life that is meaningful and fulfilling for them.

Our local linkers Wendy and Jenny are based at the Intereach office in Deniliquin, but regularly out and about in the community, and are available to meet at a place of your choice. They assist people to connect to their community by addressing their barriers, discovering their individual passions and planning towards living the life they want to live.

If you or someone you care for lives with a barrier or disability, phone us for a chat. We will support you to explore possibilities, initiate connections and access resources in your community.

Contact your local linker
Wendy Johnston or Jenny Bright
Phone: 03 5890 5200
www.interreach.com.au

Electricity Saving Solutions

Want to cut your power bills? We'll show you how!

Join us for an electricity bill information session with Karen Retra, an independent home energy assessor that will help you to:

- Read your bill correctly
- Understand tariffs and what would work best for you
- Develop strategies to reduce your bill
- Get the most from your solar system

Bring along your electricity bill to find out the best way to cut the amount you pay each quarter.

When: Thursday June 18
Where: Intereach Neighbourhood Centre
Cnr Napier & Trickett Sts Deniliquin
Time: 10 am – 11.30 pm
Cost: Free!

Information
Phone: 03 5890 5200
Email: denihub@interreach.com.au
www.interreach.com.au
Deniliquin High School Vacation Program

The Home Economics Faculty are running a vacation activity day for children aged 7 – 12 years in the first week of the end of Term 2 holidays.

The date is Thursday 2nd July and will run from 9.00am – 4.00pm.

Your child will make their morning tea, lunch and afternoon tea for the day in the Home Economics kitchen. All your child will need to bring is a drink bottle and a food container. Please ensure your child wears enclosed sports shoes.

There will also be an Information Technology activity running throughout the day.

The number is capped to 14 children and the cost is $40.00.

To book ring Nicole Jenkins at the High School on 0358811211 or email at nicole.jenkins15@det.nsw.edu.au by Tuesday 23rd June (this is the deadline as we need to complete food orders and most of the food purchases by the end of the school term)

Please advise Nicole of any food allergies or other dietary considerations at the time of booking.